





## **HV Service health and developmental reviews**

The Oxfordshire Health Visiting Service is now offering your child's  $1^{st}$  year and  $2 - 2 \frac{1}{2}$  year health and development review in a new way - 121 time with a health professional and a health promotion session with other parents.

Our health and development sessions offer an opportunity to talk individually through different aspects of your child's health and development with a member of the HV team, as well as a time of evidence-based health promotion advice alongside other parents. This has proved a great way to discuss individual concerns as well as sharing experiences with other parents who have children a similar age.

If your child is now due a health review, please look out for your invite.



I really feel that the environment today was fab and can see how well it will work in future. I liked that it was in a group as you could discuss matters together and gain ideas/advice from other peoples experiences as well as the professionals advice.

## Other ways to access health visiting advice and support:



Health Visiting message service for support or advice: ParentLine text 0-4 years: 07312 263081

<u>Contact us - Oxford Health NHS Foundation Trust</u>

See our HV Service website for lots of useful links
Oxfordshire NHS Health Visitors | Facebook

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| Caring | Safe | Excellent|



Outstanding care by an outstanding team